



Progress

Partnered for Progress



Los Angeles County Regional Cancer Detection Partnership



Volume 9, Issue 3 July 2005

5TH ANNUAL "MUJERES UNIDAS EN CELEBRACIÓN " RECOGNIZES SURVIVORS



Book signing:

Mayte Prida speaks with a participant as Betty Rodriguez - the motivation behind the event and a volunteer on the PFP Latina Task Force - looks on.

Prida was this year's keynote speaker.

Furthermore, information tables were available from cancer-related organizations.

Intimate Image (a store in Woodland Hills) and the Wig Exchange at St. Michaels (a non-profit organization) were also an important component of the program as they donated wigs and prostheses to the participants. These two (2) groups have been involved with this event since its inception and have given very generously of their time and services.


Live every moment to the fullest". This message given by Mayte Prida, breast cancer survivor, author, former KMEX Channel 41 anchor and keynote speaker, set the tone and gave inspiration to the 270 women in attendance at the 5th annual "Mujeres Unidas en Celebración" event held June 25, 2005. "Women United in Celebration" is the inspiration of the Wellness Community Valley/Ventura and the result of a 5 year collaboration between the Latina Task Force of Partnered for Progress and The Wellness Community.

This event is geared towards women who have just been diagnosed with cancer or are in treatment or remission, and their caregivers. It's hope is to enable the attendees to make friendships, share their experiences, learn innovative methods to improve their health and gain inspiration from the speakers and others they meet.

One of the highlights of the event was the special ceremony, begun as a tradition last year, which personally celebrated each cancer survivor who participated. Each survivor was given a momento of an angel beautifully etched inside a crystal paperweight, acknowledging their struggles and successes in their fight against cancer.

Since education, as well as physical and mental health, all play an important role in enabling our attendees to battle this disease, the event included informational sessions that addressed each of these areas. The educational programs included sessions on Nutrition, Personal Health, Early Breast and Cervical Cancer Detection and "Ask the Doctor".

In the mental and physical health arena, sessions included Relaxation and Visualization, Hand Massage, Tai Chi and Yoga.

In the past five years, "Mujeres Unidas en Celebracion" has grown from 70 attendees to 270 attendees; this could not have been accomplished without the help of all the community organizations and clinics that participated, the work of the Latina Task Force of Partnered for Progress and all others who donated so generously of their time. A special thank you to all! 

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COMMUNITY OUTREACH: TAILORED EDUCATION

The Los Angeles County Partnership's Health Education Team is currently scheduling breast and cervical health education classes through December 2005. Class size may range from 5-25 women, preferably over the age of 50. Classes include presentations on breast and cervical cancer early detection, as well as healthy lifestyle recommendations. Presentations span from 30 minutes to 2 hours, by request, and can be offered in-language, if necessary. Schedule your classes now to ensure availability! Contact Jenifer Metz, MPH at (323) 549-0800 to schedule tailored education sessions. [x](#)

DATA COLLECTION AND SUBMISSION: TOP PRIORITY

Since October of 2002, the Cancer Detection Program: Every Woman Counts has required all Primary Care Providers to electronically submit information on the outcomes of screening and diagnostic cycles of all women enrolled in the Program. The Clinical Coordinators at Partnered for Progress have assisted the providers in their data submission by holding training sessions and providing technical assistance to ensure the accurate submission of the required data.

In September of 2004, all providers were required to sign a new Provider Enrollment Agreement stating that failure to provide accurate and complete information could jeopardize eligibility to participate in the program and to receive reimbursement for services provided to program clients. The data that is collected from provider records is reported to the Center for Disease Control and all future funding from the federal government is dependant on the data submitted.

Due to the inconsistency of accurate data submission in 2003, it became the number one priority of CDS' Program Evaluation Unit to obtain the missing and inaccurate data from patient records. The clinical coordinators assisted in abstracting 2003 data from all providers during the months of April and May 2005. Analysis of the over 5,000 client records reviewed revealed a number of factors that may have contributed to the submission problems.

One of these factors was technical: there were some errors in the computer programming which likely created problems when the data was submitted. However, a more important discovery was that there

seemed to be confusion regarding the process of reporting data to the web site.

The Clinical Coordinators are now in the process of providing technical assistance to help with the unique systems issues in each facility. In addition, plans to expand courses such as the "Triple Test Concept" for clinicians are being reviewed. The data abstraction of 2003 indicated that while the women received the testing needed to complete the screening process, the information was not received at the web site.

This project has been extended to include data abstraction for 2004. An initial review of the data submitted for this year revealed the following statistics: in Los Angeles County, 87,700 women were enrolled into the program by 249 Primary Care Providers, and of these cases, 66,976 case management forms were submitted (a 76 % completion rate).

2004 Data Submission Project: Quick Stats	
Total women enrolled:	87,700
Total case management forms submitted:	66,976 (about 76%)
Chart abstraction goal:	100%

In the upcoming months, Partnership staff and Primary Care Providers will be working together to obtain a 100% abstraction and submission rate for this time period. On-going technical assistance will be offered to all providers to make system changes to improve their facilities' performance. [x](#)


A LITTLE SUGAR GOES A LONG WAY

An important part of maintaining a healthy diet and lifestyle is monitoring one's caloric and nutritional intake. Although paying careful attention to what one consumes can be an arduous and time-consuming task, the rewards in terms of benefits to your health and overall sense of well-being are well worth the effort.

In particular, it is a good idea to check the sugar content in the foods you regularly (and irregularly!) consume, especially in low-fat foods. Manufacturers often add as much as twice the amount of sugar in low-fat foods as compared to their regular-fat counterparts. This is to compensate for the decrease in flavor associated with the decrease in fat.

While sugar's effects on the body remains a topic of hot debate amongst nutritionists, it is true that the sugars in many processed products are refined or processed

themselves and contain little if any nutritional value – so-called “empty calories.” Since most of us don't consume the nutrients we need as it is, it is a good idea to choose healthy foods that are low in sugar and high in other necessary nutrients. Furthermore, eating large amounts of sugar can be detrimental to your dental health!

If you are currently consuming “diet” or “low-fat” products as part of a healthy lifestyle, try to choose foods that are low in refined sugars and high in fiber and vitamins. A number of products that have been developed to meet the low-carb diet demand are typically also low in sugar, since many of the carbohydrates in foods come from sugar. In addition, products that are made with artificial sweeteners, such as Splenda or NutriSweet, can eliminate the excess calories in foods that come from refined sugar. 

Fun Facts About



S u g a r

- ❖ On average, Americans consume 170 lbs. of sugar a year. That's almost 1/2 lb. a day!
- ❖ Sugar has long been directly linked with tooth decay.
- ❖ The recommended daily sugar intake is 10 teaspoons - many regular sodas contain 10 tsp. of sugar in one can!
- ❖ American adults consume 65% of the candy that is produced each year.
- ❖ Americans consumed 24 pounds of candy (per capita) in 2003.

YOU ARE INVITED


Latinas: Salud y Vida

Saturday, September 24, 2005

9:00 a.m. - 2:00 p.m.

Marriott Courtyard

**14635 Baldwin Park Towne Center
Baldwin Park, CA 91706**

To reserve your place call Letty at
(626) 966-9994, option 3, extension 16

Latinas: Salud y Vida was envisioned due to the urgent necessity to raise awareness among Latinas regarding breast and cervical cancer. The conference will empower Latinas to take control of their health through educational workshops in breast health, cervical health, healthy lifestyles and community resources.

DATA COLLECTION REQUIREMENTS AND THE “TRIPLE TEST” CONCEPT

The multidisciplinary team approach to the evaluation of breast abnormalities, “Diagnosis of Breast Lesions for Primary Care Practitioners: the Triple Test Concept” program was hosted by the Robert and Beverly Lewis Family Cancer Care Center, Pomona Valley Medical Center and HOLOGIC, on Saturday, May 21, 2005.

The course delineates the relationship of the health history, risk assessment, clinical breast examination, breast imaging studies, tissue sampling, breast diagnostic algorithm application and provider/mammography technologist/patient communication in securing a concordant diagnosis.

Added to the agenda was the Cancer Detection Section’s (CDS) data collection requirements for completing the “Breast Screen and Follow-up Worksheet” presented by Patricia S. Francis MSN, RN, Lead Clinical Coordinator. Ms. Francis discussed the mandatory web based data submission for primary care providers participating in the *Cancer Detection Program: Every Woman Counts* program.

The form collects data on screening, timely follow-up for abnormal screening results, diagnostic procedures and outcomes, final diagnosis and treatment (if needed) and re-screening information. The data is used for program quality improvement and correlation with CDS Program Standards. Then

CDS evaluates the data and through the partnership clinical staff provides feedback and/or technical assistance. During the panel discussion, the case study presentations were enhanced by the incorporation of data collection by the multidisciplinary team.

Dr. Barbara Florentine, Director of Pathology and the FNA Clinic at the Henry Mayo Newhall Memorial Hospital facilitated the program and the case study panel; Dr. Sravanthi Keesara, Director of Emergency Medicine Radiology and Breast MRI Researcher at LAC+USC Medical Center defined the radiological aspects of breast diagnosis; and Dr. Anwar Raza, staff pathologist from LAC+USC County Medical Center provided the anatomy of the breast and pathology review.

Carol Gemberling, MSN, OB/GYN FNP, Educating Nurse Practitioner at California State University, Los Angeles and Dominguez Hills, discussed the role of positive communication skills for primary care clinicians related to breast issues and Mary Kay Kendall, RT, (M)(QM), Radiology Technologist Educator and Account Manager for HOLOGIC, promoted positive communication between the patient and the mammography technologist for patient compliance and re-screening, as well as defining special mammography techniques for breast implants, positioning and utilization of markers. [x](#)

IMPROVING ACCESS TO LINGUISTICALLY APPROPRIATE SERVICES

Partnered for Progress and PALS for Health present “Improving Access to Linguistically Appropriate Women’s Health Services” on Tuesday, August 2nd, 2005, from 9:00 a.m. - 12:00 noon at Hollywood Presbyterian Medical Center. This training is intended for all health professionals, including but not limited to providers, health educators, outreach workers, promotoras, and community advocates.



Learning Objectives:

1. Apply knowledge to promote competent interactions with limited English proficient (LEP) patients
2. Learn about health care interpreter testing and training
3. Learn how to identify and work with qualified interpreters
4. Increase awareness of language access requirements in health care
5. Learn best practices

Space is limited and reserved on a first come, first serve basis. To reserve your place please call (323) 549-0800. [x](#)

EDUCATIONAL OPPORTUNITIES



**"Cancer, the Law
and You"**
Tues., August 9, 2005
7:00 p.m - 9:00 p.m.
Westwood

Barbara Ullman Schwerin, Esq., Director of the Cancer Legal Resource Center, speaks about the legal issues facing individuals with cancer, including navigating managed care, workplace issues, options for getting and keeping health insurance, health care reform, and the tools to advocate on behalf of others and oneself. The program will be held at the RPB Auditorium at the Jules Stein Eye Institute at UCLA. For more information, call (310)794-6644.

**"From Research to Action:
Seeking Solutions"**
September 9-11, 2005
Sacramento

This is the fifth statewide symposium of the California Breast Cancer Research Program (BCRP). The event will bring together scientists, activists, clinicians, policy makers, and interested public to learn about the achievements in breast cancer research and to envision new research directions.

The symposium will feature workshops for scientists and non-scientists, a panel discussion on the factors that contribute to the unequal burden of breast cancer, and late breaking research results from BCRP-sponsored investigators. Up to 18 Hours of Category 1 Credit is available. Registration is free and the deadline is August, 15, 2005. For more information, and to register, visit: <http://www.cbcrp.org>.

**"The Overtreatment of
Early Breast Cancer"**
Friday, October 14, 2005
8:00a.m. - 4:00p.m.
Long Beach

Conference faculty will discuss evolving diagnostic treatment modalities which provide the basis for appropriately less aggressive treatment of specific early breast cancers; the new modalities include dynamic imaging, gene array analysis, circulating proteins and tumor cells. Category 1, CME credits will be available. The program will be held at the Van Dyke Theater, Long Beach Memorial Medical Center. For more information, please call the Todd Cancer Institute, Long Beach Memorial Medical Center (562) 933-0100.

**"Series 1, Lower Genital Tract
Disease" Lectures
(CME) Program**

The American Society for Colposcopy and Cervical Pathology (ASCCP) has an online program that addresses many of the most pressing gynecological issues for today's health care providers. Lectures cover the Human Papilloma Virus (HPV), normal and abnormal Pap examinations, cultural and psychological barriers to Pap testing, ASCCP guidelines and colposcopy of high grade lesions.

One Category 1 CME is awarded at the end of each seven (7), one-hour PowerPoint presentations. Participation is free of charge and can be accessed and completed at the participants' convenience. The website can be accessed at <http://cme.asccp.org>.

PALS FOR HEALTH INTERPRETER TRAINING

The PALS for Health program is now enrolling bilingual health care providers for the next Connecting Worlds Training for Health Care Interpreters which begins on Friday, August 5, 2005, and continues for six consecutive Fridays.

A prerequisite language proficiency test is required of all participants. Testing and training fees will be waived thanks to funding support from the Office of



Minority Health's Bilingual/Bicultural Service Demonstration Grant #BBCMP041010-01-0.

Please contact Mireya Munoz at (213) 627-4850 or Susan Choi at (213) 553-1827 to register or if you have any further questions. ♀

**We welcome submissions
from our members!**

**To submit articles to the PFP
Newsletter, please contact
Miriam at (323) 549-0800 or
email the article to
info@partneredforprogress.org**

ANNOUNCEMENTS

Updates to the Website



We are continuing to update the website - make sure to check the site often for updated forms and information! Changes to note in this issue include added information to the homepage and materials order pages.

On the homepage, we have added information about the CDP:EWC 800 number, their hours of operation and languages offered. We hope this will help women who are navigating to the site to be able to access the information they need quickly and easily.

We have also added additional information on the Material Order Form page about materials that are available from other organizations. Unfortunately, we are unable to continue offering a wide variety of materials, so we have posted the contact information of other organizations who also provide materials.

To find this information, go to:

<http://www.partneredforprogress.org>

and click on "Material Order Form." 

A State Mandated (SB 112) Informed Consent Booklet for Women

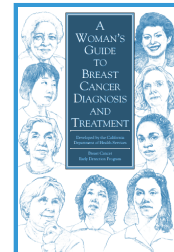
Who Must Give the Booklet Out?

A doctor who will perform a breast biopsy or any form of treatment for breast cancer.

When Should the Booklet be Given?

Before any biopsy or treatment is performed.

This booklet is free to physicians who diagnose or treat breast cancer. Physicians may order additional copies by writing to:




Breast Cancer Treatment Options
Medical Board of California
 1426 Howe Avenue, Suite 54
 Sacramento, CA 95825
 Fax Requests to (916) 263-2479

Please specify number of copies and provide your return address. Number of copies per order may be limited.

Non-physicians can download copies from the following website:

<http://qap.sdsu.edu/screening/breastcancer/guide>

This booklet is available in Chinese, English, Korean, Russian, Spanish and Thai. 

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Letters and opinions regarding the Partnered for Progress Newsletter and its articles are welcomed.



**Partnered
 for Progress
 with You!**

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